Toasted Pistachio Muesli

Restaurant Name: Frescá

Produced By: Rahyana Shahsamand

Portion Size 8 oz oats

Number of portions 7

Selling price $ $10.00

Cost Per Portion $ 3.4578571

Food Cost Percentage 34.58%

Ingredients	Recipe Quantity (EP)			Cost			Total Cost
	Weight	Volume	Count	APC/Unit	Yield %	EPC/Unit	
Old-fashioned Rolled Oats	56 oz			$0.06/oz	100%	$0.06/oz	$3.36
Roasted Pistachios	0.3 lb			$13.71/lb	100%	$13.71/lb	$4.11
Maple Syrup		5.33 fl oz		$0.73/fl oz	100%	$0.73/fl oz	$3.89
Poppy Seeds	2 oz			$0.44/oz	100%	$0.44/oz	$0.88
Sesame seeds	2 oz			$0.42/oz	100%	$0.42/oz	$0.84
Pure Vanilla Extract		0.33 fl oz		$2.37/fl oz	100%	$2.37/fl oz	$0.78
Ginger (fresh)	0.08 oz			$1.02/oz	77%	$1.32/oz	$0.11
Salt	0.11 oz			$0.23/oz	100%	$0.23/oz	$0.03
Almond milk		36.4 fl oz		$0.06/fl oz	100%	$0.06/fl oz	$2.18
Apples			3.5 apples	$0.62/ea	78%	$0.79/ea	$2.77
Fig	1.25 lb			$4.00/lb	95%	$4.21/lb	$5.26
						Total	$24.21